



## **Bell Schedule**

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25

## FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review

## YEARBOOK – NAMES FOR APPROVAL

- The yearbook team needs your help!
- There are sheets of paper taped to the counselling office window with the names of all Grade 9–12 students. These names are how the photo company has spelled them for the yearbook.
- It's **your responsibility** to check the list and make sure your name is spelled correctly. If you want a different name (like a nickname or an adjusted version of your legal name) to appear in the yearbook, you need to let me know by **Friday, December 13**.
- If you don't check and confirm by this deadline, we won't be able to fix any typos or errors later.
- To make changes, email me at cmiklossy@sd43.bc.ca before December 13.
- Thank you for your attention to this!

## **Attention Grade 12s**

If you have not been added to a Grad Microsoft Team please submit your graduation quote and baby photo to Ms. Miklossy at cmiklossy@sd43.bc.ca before December 13.

"One of the lessons that I grew up with was to always stay true to yourself and never let what somebody else says distract you from your goals." —Michelle Obama

"Oh, the places you'll go." –Dr. Seuss

"Nothing is impossible, the word itself says 'I'm possible!" —Audrey Hepburn



## Attention GRADE 9's!!!!!

We will have our third round of Grade 9 Advisory Meetings next week at FLEX- please follow the schedule below based off of your last name and we will see you next week!

PLEASE BRING YOUR PLANNER TO THESE MEETINGS!!!

ALL MEETINGS ARE IN THE THEATER

Monday: Soiseth - Zhu

Tuesday: Ahn - Danielov

Wednesday: Dean - So



### **INVITE YOUR GRANDPARENTS TO**

## Senior's Jea

**ENTERTAINMENT - FOOD - DRINK - TAKEAWAY GIFT** 

**DATE: NOVEMBER 28TH** 

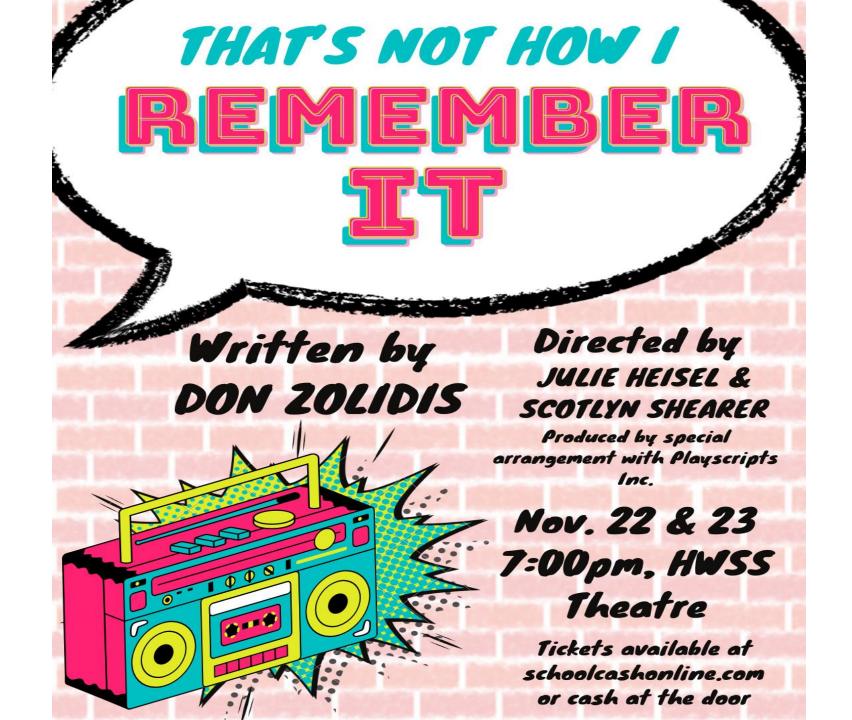
TIME: 1:15PM - 2:45PM

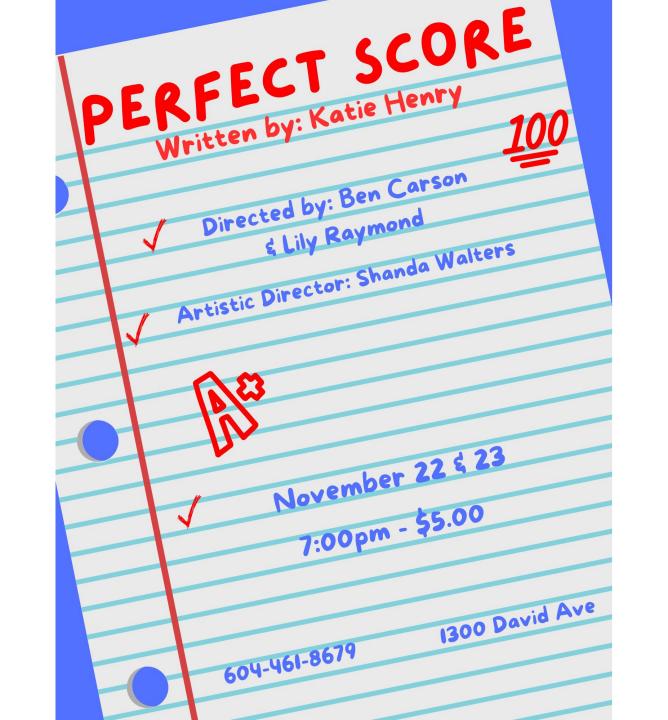
- RSVP TO HWSSHOSTCLUB@GMAIL.COM -

## WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28<sup>th</sup>. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

## Please be aware of WET PAINT







PLASTIC FREE MINI WEEK NOV 25-27



# DO SOMETHING DRASTIC, CUT THE PLASTIC!

MON NOV. 25TH REUSABLE BOTTLE

November 27

TUES NOV 26TH PICK UP 1 PIECE OF PLASTIC

WED NOV 27TH CHOOSE PLASTIC FREE PACKAGING

OUR MISSION IS TO ELIMINATE SINGLE-USE PLASTICS ON SCHOOL THROUGH ENCOURAGING GREEN SOLUTIONS AND CREATING AN ENVIRONMENTALLY RESPONSIBLE COMMUNITY THROUGH EDUCATION AND ACTION.

# CLUBS



## PET PALS CLUB BLANKET DRIVE FOR PETS

DONATE BLANKETS TO KEEP PETS COZY AND COMFORTABLE DURING THE COLD WINTER SEASON!

FROM NOVEMBER 15, FRIDAY
TO NOVEMBER 29, FRIDAY
DELIVER BLANKETS IN THE BOX
BESIDE THE OFFICE



## CANCER RESEARCH CLUB

## TOGETHER WE WILL: WHAT WE DO:

- ## HANDS-ON MEDICAL RESEARCH | WRITE RESEARCH PAPERS
- \* NO EXPERIENCE NEEDED! \*

- LEARN CUTTING-EDGE SCIENCE 

  MEET HEALTHCARE PROFESSIONALS
- SUPPORT VGH FOUNDATION SUPPORT CANCER RESEARCH & PAT
  - MAKE REAL IMPACT
    - HAVE FUN LEARNING!

## EVERYONE IS WELCOME!

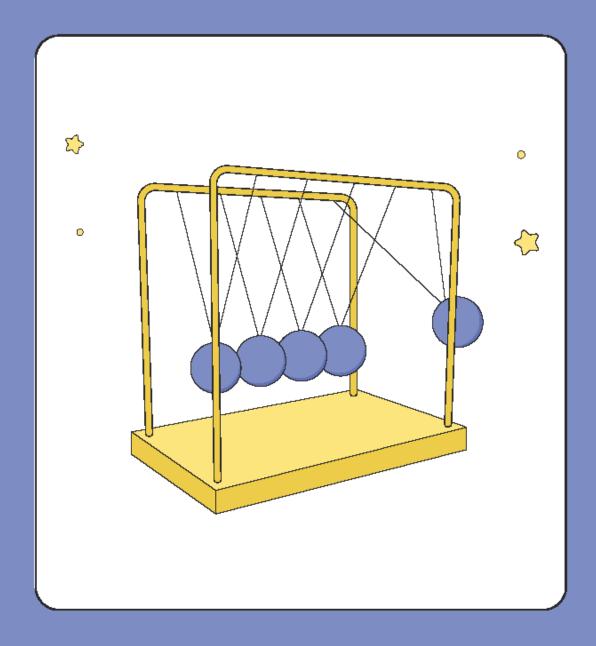
Student Lead: 127-AHESHMATI@sd43.bc.ca Sponsor Teacher (Ms. Weinkam): lweinkam@sd43.bc.ca



## Volunteer Gift Wrapping for SHARE

- Looking for a meaningful volunteer opportunity this holiday season?
- SHARE is looking for volunteers to assist with gift wrapping
- https://sharefamilycommunityservices1.volunteerlocal.com/volunteerloca





Compete in the PHYSICS

JEOPARDY

\$25 prize

**Hosted by Physics Club** 

December 5th Room 304 at Lunch No sign up required ▲ thefrank theatreco.



#### **TELLING IT BENT 2025 - CALL FOR YOUTH WRITERS**

Submission Deadline: November 28th, 2024 at 11:59pm PST

- Interdisciplinary writing workshop for queer, trans, Two Spirit and questioning BC youth ages 14 to 25
- Once a week, Feb 10th May 16th, 2025 at Mount Pleasant Community Centre

HONOURARIUM: \$250 - Upon completion of the project



## Scan QR code for application details

# CAREER



## INDIGENOUS STUDENT POSTSECONDARY FAIR

Come learn about opportunities for Indigenous Youth from a range of Post Secondary Schools and Programs

WHEN:

WEDNESDAY DECEMBER 4, 2024

TIME:

COME ANYTIME 3-7 PM

WHERE:

EDUCATION LEARNING CENTER 1080 WINSLOW AVENUE

#### Free to Attend

Open to Grades 9-12 Bring a friend!

#### **Schools in Attendance**

- UBC
- SFU
- O NICOLA VALLEY INSTITUTE OF TECHNOLOGY
- JUSTICE INSTITUE BC
- **O** UVIC
- EMILY CARR
- O UBC MEDICINE
- ACCESS
- OUGLAS COLLEGE
- LANGARA COLLEGE
- INDIGENOUS TEACHER EDUCATION PROGRAM (NITEP)

Snacks

